



Samantha B Feldman, MS, RD, CDE, CCRC

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EXPERIENCE

Nutrition Results

Principal

February 2017 – Present

Primary responsibility involves providing private nutrition counseling for various indications including obesity, diabetes and cardiovascular conditions. In addition, providing nutrition services to research sites including nutrition counseling and menu development in accordance with protocol requirements.

QPS MRA (Miami Research Associates)

Manager of Quality Control, Data Management and Training

August 2015 – February 2017

Primary responsibilities involved overseeing the Quality Control, Data Management and Training Departments at all three QPS MRA sites.

Miami Research Associates (MRA)

Nutraceutical Project Manager

February 2002 – August 2015

Primary responsibilities involved creation (including protocol writing), implementation, and supervision of nutraceutical supplement trials for MRA's Nutrition and Endocrinology Division.

Medtronic MiniMed

Certified Pump Trainer

January 2002 – August 2005

Served as a consultant providing instruction to patients with diabetes starting on insulin pumps. Performed the nutrition counseling required for successful pump therapy.

Florida International University

Adjunct Professor

January 2003 – April 2005

Developed and implemented a course which taught nutrition and exercise science students how to work effectively with the overweight population.

Pittsburgh Veterans Administration Healthcare System

Clinical Dietitian

March 2001 – December 2001

Primary duty involved serving as the dietitian in the diabetes and cardiology clinics.

Developed a diabetes program and obtained American Diabetes Association accreditation.

Served as field faculty for University of Pittsburgh as an onsite instructor of dietetic students.

Miami Veterans Administration Medical Center

Clinical Dietitian

August 1994 – March 2001

Primary duty involved serving as the dietitian of a multidisciplinary primary care team.

Developed and directed a multidisciplinary weight management program. Served as

dietitian for the coronary care unit, which involved the administration of complex medical nutrition therapy.

TRAINING**James A. Haley Veterans Administration Medical Center**

American Dietetic Association accredited dietetic internship

*July 1993 – July 1994***EDUCATION****Florida International University**

Master of Science in Exercise and Sports Sciences (GPA 4.0)

*Degree conferred April, 2001***Florida State University**

Bachelor of Science in Nutrition (graduated magna cum laude)

*Degree conferred December, 1992***CREDENTIALS****Registered Dietitian**, American Dietetic Association, ID 810533, 1994**Certified Diabetes Educator**, National Certification Board for Diabetes Educators, ID 0981-0300, 1998**Certified Clinical Research Coordinator**, Association of Clinical Research Professionals, ID 04-F794, 2004**MEMBERSHIPS**

Academy of Nutrition and Dietetics

Florida Academy of Nutrition and Dietetics

Association of Clinical Research Professionals

RESEARCH EXPERIENCE

Created and oversaw the execution of the following trials and/or performed the nutrition counseling component:

2015

Nutrition 21, LLC. A Randomized, Crossover, Double-Blind Clinical Trial to Evaluate the Pharmacokinetics of Nitrosigine® as Compared to Arginine-HCl in Healthy Adult Males.
Applied Food Sciences. A Double-Blind, Controlled Clinical Trial to Evaluate the Effects of Difference Caffeine Sources (Two Natural and One Synthetic) on Pharmacokinetic Profile, Exercise Performance, Cognitive Function, and Mood in Healthy Adult Males.

Bergstrom Nutrition. A Prospective, Pilot Clinical Trial to Evaluate the Effects of MSM on Amino Acid Absorption in Healthy Adults.

Wiki Foods. A Randomized, Double-Blind, Placebo-Controlled, Adaptive Design Clinical Trial to Evaluate the Effects of Wikipearls Digestive Health Product on Intestinal Health in Adults with Gastrointestinal Complaints.

2014

Nutrition 21, LLC. A Randomized, Double-Blind, Placebo-Controlled Trial to Determine the Effects of Nitrosigine® in Combination with Exercise on Muscle Hyperemia in Weight-Training Adult Males.

Nutrition 21, LLC. A Randomized, Crossover, Placebo-Controlled Clinical Trial Evaluating the Efficacy and Safety of Nitrosigine® on Muscle Soreness and Recovery Following Eccentric Exercise in Healthy Adult Males.

Applied Food Sciences. AFS-WT-2014. Green Coffee Bean Extract on Body Weight and Glucose Response in Adults with Indicators of Metabolic Syndrome. 54 subjects.

Glanbia Performance Nutrition, Inc. GPN-2014. Four Pre-Workout Beverages on Muscular Strength and Endurance and Cognitive Performance. 24 subjects.

VidaMD. VIDA-2014. Safety of VidaMD Products. 50 subjects.

Unigen USA. UNI-0A-2014. *Monis alba* and *Acacia catechti* on Quality of Life and Overall Function in Adults with Osteoarthritis of the Knee. 120 subjects.

The International Society of Sports Nutrition. RicePro-2014. Rice Protein, Whey Protein, Pea Protein and Water on Satiety and Food Intake. 16 subjects.

2013

GlaxoSmithKline. RH01717. Whey Protein and Creatine Supplements on Muscular Strength in Weight-Training Adult Males. 84 subjects.

Roquette Freres. ROQpsi-2013. Digestive Tolerance of Psicose in Healthy Adults, 24 Subjects.

Nutrition 21, LLC. N21-ArgSil-2013. PK and PD of an Arginine Silicate Dietary Supplement. 10 subjects.

Mitsubishi Gas and Chemical. PQQ-2013. PQQ in Older Adults with Mild Cognitive Impairment. 40 subjects.

ChromaDex, Inc. CDpure-2013. Bioavailability, PK and Safety of Pureenergy™ and Pteropure®. 10 subjects.

California Raisin Marketing Board. RAISIN-WT-2013. Hypocaloric Diet with Raisins for Snacks on Body Weight. 40 subjects.
 Unigen USA. UNI-WT-2013. Herbal Formulations on Body Weight. 120 subjects.
 Sunrider International. SUN-WT-2013. Suntrim+ on Body Weight. 40 subjects.
 Magceutics, Inc. AIDP-Mg-2012. Magtein on Body Magnesium Status, Anxiety, Mood and Sleep Quality in Older Adults. 50 subjects.

2012

AquaHydrate, Inc. AH-2012. AquaHydrate and Rehydration. 6 subjects.
 California Raisin Marketing Board. RAISIN-2012. Snacks and Energy Levels. 40 subjects.
 Zx Pharma, LLC. Melatonin-2012. Melatonin Bioavailability.
 Ganeden Biotech. GANPRO-2012. Probiotics and Nutrient Absorption. 10 subjects.
 Private Company. Kneller-2011. Creatine Bioavailability. 40 subjects.

2011

Biotropics Malaysia Berhad. BioT-2011. Botanical Prediabetic Interventional Trial. 31 subjects.
 Nutrition 21. N21-2011. PK Probiotic with Fish Oil Study. 15 subjects.
 Bergstrom Nutrition. BN-MSM-2011. MSM and Exercise Recovery. 24 subjects.
 Oragenics, Inc. LPT3-04-2011. Weight Loss and Body Composition. 32 subjects.
 Gaspari Nutrition, Inc. GASP2-2011. Viridex and Male Sex Hormones. 15 Subjects.
 South Pole BioGroup, Inc. BERRY-2011. Anthocyanins from the Macqui Berry: Metabolic Effects. 10 subjects.
 Venable LLP. SHAPE-2011. Silhouette Reducing Garments on Body Size. 30 subjects.
 TandemRain Innovations. TAN-2011. MSM and Exercise Performance.
 Vita Coco. COCO-2011. Hydration and Exercise Performance. 14 Subjects.

2010

Aqua Hydrate. AGENUS-2010. Exercise and Rehydration. 12 Subjects.
 Gaspari Nutrition Inc. GASP-2010. Healthy Testosterone. 10 Subjects.
 ISI Brands. ISI-2010. Healthy Resveratrol. 6 Subjects.
 The Hershey Company. HSYex2-2010. Cocoa and Exercise Recovery. 41 Subjects.
 The Hershey Company. HSYex-2010. Cocoa and Exercise Recovery. 24 Subjects.
 The Hershey Company. HSYpoc-2010. Cocoa and Nitric Oxide Activity. 6 Subjects.
 TRx Pharma. TRx-2010. Musculoskeletal Pain and Inflammation. 54 Subjects.

2009

Avanti Pharma Corporation. APC-001-2008. Ibuprofen. 4 Subjects.
 Boiron. BOIR1000. Evaluation of the Efficacy XXX for the Prevention of Flu-Like Symptoms in Families: RDBCT. 400 Subjects.
 Celsius, Inc. Celsius-2009. Thermogenic Dietary Supplements and Effects on Energy Expenditure. 15 Subjects.
 Full Bar, LLC. FBPro-2009. Obesity. 20 Subjects.
 KGK Synergize, Inc. RD-04CSHK. Actinic Keratoses. 45 Subjects.
 Life Extension Clinical Research, Inc. CL025. Alzheimer's Disease.
 MedWell Foods, Inc. MWell-2009. Satiety Study. 10 Subjects.

Nutraproducts/SFS. ComfC-2009. Vitamin C PK. 16 Subjects.
 Prugen. Prugen-2009. DHA Analysis. 6 Subjects.
 Ubiquity Partners, LLC. FRUIT-2009. Anti-Oxidant Fruit Juice Beverage. 12 Subjects.
 WLNS, LLC. WLNS-2009. Obesity. 64 Subjects.

2008

Full Bar, LLC. FB-2008. Obesity. 21 Subjects.
 TandemRain Innovations. MSM-2008. MSM Evaluation. 6 Subjects.
 Ganeden Biotech. GAN-2008. Probiotic Effects. 61 Subjects.
 Rivers Edge Pharmaceuticals. DHA-2008. DHA analysis. 36 Subjects.
 SFS/NutraProducts, Inc. Garli-2008. Heart Study. 14 Subjects.
 Oragenics, Inc. LPT-2008. Obesity. 8 Subjects.

2007

Nutraproducts/SFS. ComfC-2008. Vitamin C PK. 10 Subjects.
 Arena. APD356-009. Obesity. 52 Subjects.
 Shionogi. 0702A2824. Obesity. 21 Subjects.
 Orexigen. NB-301. Obesity.
 Orexigen. NB-304. Diabetes.
 Amylin. 2993LAR-105. Diabetes. 6 Subjects.
 Kraft Foods Global, Inc. 07SWHK. Obesity and Diabetes.
 Merck. 012-00. Obesity.
 Merck. 015-00. Obesity.
 Ajinomoto Aminoscience LLC. 07TSHA. Sleep. 20 Subjects.
 NutraProducts/SFS. RepH2O-2006. Hydration study. 10 Subjects.
 Nutraproducts/SFS. VitaCCC-2007. Vitamin C PK. 10 Subjects.
 Suarez Corporation. AES-2006. Obesity. 32 Subjects.
 Z Sciences, Inc. Spike-2007. Safety Energy drink. 38 Subjects.
 Obesity Research Institute. LipoZ-2007. Satiety study. 20 Subjects.
 Obecure. BET201. Obesity.
 Amylin. BCA403. Diabetes. 6 Subjects.
 Nutrition 21. CPHD-06001. Chromium Safety and PK. 16 Subjects.
 BioThera. BA-100. Cold prevention. 40 Subjects.
 Eli Lilly. H8O-US-GWBM. Diabetes.
 RTC R&D. MyoZ-2006. Effects of a Protein/Creatine drink on body composition and strength.
 12 Subjects.

2006

Nutraproducts/SFS. VitaC-2006. Vitamin C PK. 5 Subjects.
 Glaceau. Vitafood-2006. Vitamin C food to liquid comparator trial. 12 Subjects.
 Garden of Life. PM-MRP-2006. Satiety study. 9 Subjects.
 Fitness Water. FitH2)-2006. Hydration study. 14 Subjects.
 Sanofi Aventis. EFC5826. Diabetes. 10 Subjects.
 Amylin. 2993LAR-105. Diabetes. 10 Subjects.
 DSM. Pep-2006. Protein and exercise performance. 8 Subjects.

2005

iSatori-MNI Ventures. MNiSAT-2005/6. Obesity. 24 Subjects.
 Eli Lilly. H9F-MC-GYAE. Diabetes. 30 Subjects.
 Pharmachem Laboratories, Inc. SimmsWT-2005. Obesity. 31 Subjects.
 Arena Pharmaceuticals. APD-356-004. Obesity. 54 Subjects.
 PharmaNutrients, Inc. PLipid-2005. Cholesterol. 32 Subjects.
 Gulfstream, LLC. Leve2-2005. Cholesterol. 10 Subjects.
 Amylin. 1370B-201. Obesity. 10 Subjects.

2004

Window Rock Enterprises. CORT-TV. Obesity. 56 Subjects.
 INDFRAG LTD. India-4004. Obesity. 36 Subjects.
 Metabolife International, Inc. Metab-32004. Obesity. 90 Subjects.
 EAS. EAS-TH2004-A. Metabolism. 18 Subjects.
 Crave Busters, LLC. CRVWT-2004. Obesity. 46 Subjects.
 Pharmachem Laboratories, Inc. Simms-12004. Obesity. 30 Subjects.
 Johnson and Johnson. TOPMAT OBD-202. Diabetes. 8 Subjects.
 Amylin. 138-157. Diabetes. 10 Subjects.
 Continental Vitamin Co., Inc. CVCB12-2004. Vitamin B12 study. 10 Subjects.

2003

Merck Research Laboratories. Protocol 011-00. Weight Loss. Phase 3.
 Next Pharmaceuticals. NEXT 12003. Stress Eating. 42 Subjects.
 Bee Alive, Inc. BEE-9122002. Fatigue. 60 Subjects.
 Twin Laboratories, Inc. TWN-OL2002. Diabetes. 15 Subjects.
 EAS. EAS-TH2003. Metabolism. 10 Subjects.
 Wyeth. Protocol 0858A2313NA. Birth Control.

2002

Merck Research Laboratories. Protocol 006-00. Weight Loss. Phase 2a. 20 Subjects.
 Novartis. CSMS995GUS20. Weight Loss. Phase 2a. 15 Subjects.
 Novartis. CTR1476G2305. Diabetic Neuropathy. Phase 2a.
 Cytodyne. EFX0502. Weight Loss. 6 Subjects.
 Cytodyne. EFX0602. Weight Loss. 10 Subjects.
 Cytodyne. Metabolism. 16 Subjects.

PUBLICATIONS

Kalman DS, Feldman R, Quinones M, Rubin (Feldman) S, Krieger DR. A Pilot Clinical Trial Evaluating the Effects of Two Different Doses of Simmondsin in Healthy Obese Volunteers. *FASEB J (Experimental Biology)* 2005: Program No. 667.7, Poster No. A82 (Abstract 2010).

Kalman DS, Feldman S, Krieger DR. A Randomized Double Blind Placebo Controlled Clinical Trial of Relora™ in the Management of Stress in Healthy Overweight Females. *Experimental Biology; FASEB J* 2006: Abstract 233.3 (Poster C690).

<http://www.fasebj.org/content/20/4/A379.1?cited-by=yes&legid=fasebj;20/4/A379>

Rockway SW, Kalman DS, Feldman S, Feldman L, Krieger DR. A novel nicotinic acid based dietary supplement reduced triacylglycerides in healthy, hyperlipidemic adults. *Experimental Biology; FASEB J* 2006 (LB396 - poster session).

<http://www.fasebj.org/content/20/5/LB87.4.short?related-urls=yes&legid=fasebj:20/5/LB87-c>

Krieger DR, Schwartz HI, Kalman D, Feldman S, Lou L, Kleiner SM. A double-blind comparator trial of the effects of H2Ultra water versus tap, distilled and mineral water on rehydration after exercise in healthy volunteers. 2007 Annual Conference of the American Dietetic Association (poster sessions), in press. *J Amer Diet Assoc* 2007;107(8):supplement 3: A-30.

Kalman D, Feldman S, Martinez M, Krieger D, Tallon M. Effect of protein source and resistance training on body composition and sex hormones. *Journal of the International Society of Sports Nutrition* 2007, 4:4 (23 July 2007).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1997115/>

Kirenia Labiste, CRC, Samantha Feldman, MS, RD, Diane R. Krieger, MD, Douglas Kalman, PhD. A clinical evaluation comparing the bioavailability of two buffered vitamin C supplements in healthy, non-smoking males. *FASEB J (Experimental Biology* 2008 Abstract 680, Program/Poster Board Number LB689).

http://www.fasebj.org/content/22/2_Supplement/689.short

Douglas Kalman, PhD, Samantha Feldman, MS, RD, Marlene Piloto, Nohelia Gonzalez, Hannah Kohrman, Diane Krieger, MD. A randomized, double-blind placebo controlled trial of Wellmune WGP® for immune support during cold season. *FASEB J (Experimental Biology* 2008 Abstract 635, Program/Poster Board Number LB767).

http://www.fasebj.org/content/22/2_Supplement/767.short

Chong W, Feldman S, Krieger DR, Kalman D. A Comparator Trial of the Effects of a Non-Caloric Alkalized Electrolyte Water Beverage and a Leading Sports Drink on Hydration in Healthy Female Volunteers. 55th American College of Sports Medicine Annual Conference. *Med Sci Sports Exer* 2008; 40(5): Supplement. Oral Sessions E-14 (abstract 1933), May 30, 2008.

Lou L, Kalman D, Feldman S, Krieger DR. An Open Label Clinical Trial Evaluating the Effects of MyoZene™ with Resistance Training on Changes in Body Composition and Muscle Strength. 55th American College of Sports Medicine Annual Conference. *Med Sci Sports Exer* 2008; 40(5): Supplement.

Kalman, Douglas S., Lou, Lidia, Schwartz, Howard I., Feldman, Samantha and Krieger, Diane R. (2009). A pilot trial comparing the availability of vitamins C, B6, and B12 from a vitamin-fortified water and food source in humans. *Int J Food Sci Nutr.* 2009;60 Suppl 5:114-24. doi: 10.1080/09637480802616595. Epub 2009 Jan 29.

<https://www.ncbi.nlm.nih.gov/pubmed/19180356>

Douglas S Kalman, Howard I Schwartz, Patricia Alvarez, Samantha Feldman, John C Pezzullo and Diane R Krieger. A prospective, randomized, double-blind, placebo-controlled parallel-group dual site trial to evaluate the effects of Gas Defense on intestinal gas symptoms in otherwise healthy adults. 2009 *BMC Gastroenterology*.

<http://bmcgastroenterol.biomedcentral.com/articles/10.1186/1471-230X-9-85>

Feldman S, Schwartz HI, Kalman DS, Mayers A, Kohrman HM, Clemens R, Krieger DR. Randomized Phase II clinical trial of Wellmune WGP® for immune support during cold and flu seasons. *J Applied Research* (2009 in press).

<http://www.wellmune.com/blog/2009/07/16/randomized-phase-ii-clinical-trials-of-wellmune-wgp-for-immune-support-during-cold-and-flu-season/>

Kalman D, Feldman S, Schwartz H, D Krieger. A Randomized Double Blind Pilot Clinical Trial Evaluating a Probiotic for Post-Prandial Gastric Distress and Quality of Life. 2009 *Experimental Biology Meeting*. Abstract # 398, LB460.

http://www.fasebj.org/content/23/1_Supplement/LB460.short

Morales I, Feldman S, Krieger DR, Kalman D. A Clinical Evaluation Comparing the Relative Bioavailability of Three Vitamin C Supplements in Healthy Non-Smoking Males. 2009 *American College of Nutrition Annual Conference*. Oct 1, 2009 Orlando Fl. 2009 Annual Meeting link.

Krieger DR, Schwartz HI, Pino I, Vanzant A, Acosta A, Caso J, Kalman D, Pezzullo J, Morales I, Feldman S, Dinehart-Perry M, Sears B. The Impact of Molecular Baked Products on Glycemic and Hormonal Responses in Obese Individuals. (Abstract/Poster Session) 2010 *Annual Conference of the American Diabetes Association*. 2010 Conference Link.

Douglas Kalman, Samantha Feldman, Elaine Moncayo, Amy G. Preston, Debra L. Miller, Stephen Crozier and Diane R. Krieger. The comparative effects of nutritional drinks designed to augment athletic performance and recovery. 2010 *ISSN Annual Conference*. *J Int Soc Sports Nutr*. 2010; 7(Suppl 1):P15.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2951037/>

Kalman D, Feldman S, Oxford S, Krieger D. (2011) A clinical trial to assess the safety and efficacy of a dietary supplement purported to increase plasma sex hormones. *FASEB J*. 2011;25:29.6. http://www.fasebj.org/content/25/1_Supplement/29.6.short

Kalman DS, Feldman S, Martino E, Krieger DR. Comparison of coconut water and a carbohydrate/electrolyte sport drink on measures of hydration and physical performance in exercise trained men. Accepted: Oral Sessions; American Society of Nutrition. *ExperimentalBiology2012(TheFASEBJournal)*.

<https://jissn.biomedcentral.com/articles/10.1186/1550-2783-9-1>

Kalman D, Feldman S, Krieger DR. A double blind placebo controlled clinical trial evaluating the effects of LPT3-04 on body weight & composition in overweight & mildly obese healthy adults. Accepted - Late Breaking Abstracts *Experimental Biology* 2012.

http://www.fasebj.org/content/26/1_Supplement/lb399.short

Kalman DS, Feldman S, Scheinberg AR, Krieger DR, Bloomer RJ. Influence of methylsulfonylmethane on markers of exercise recovery and performance in healthy men: a pilot study. Accepted — Poster Sessions 2012: 9th Annual Conference of the *International Society of Sports Nutrition*. <https://www.ncbi.nlm.nih.gov/pubmed/23013531>

Kalman DS, Feldman S, Krieger DR, Bloomer RJ. Comparison of coconut water and a carbohydrate-sport drink on measures of hydration and physical performance in exercise-trained men. *Journal of the International Society of Sports Nutrition* 2012, 9:1.

<http://www.jissn.com/content/9/1/1>

Kalman DS, Feldman S, Scheinberg AR, Krieger DR, Bloomer RJ. Influence of methylsulfonylmethane on markers of exercise recovery and performance in healthy men: a pilot study. *Journal of the International Society of Sports Nutrition* 2012, 9:46.

<http://www.jissn.com/content/9/1/46>

Kalman DS, Schwartz HI, Feldman S, Krieger DR. Efficacy and Safety of *Elaeis Guineensis* and *Ficus Deltoidea* Leaf Extracts in Adults with Pre-Diabetes. *Nutrition Journal* 2013, 12:36

<http://www.nutritionj.com/content/12/1/36/abstract>

Kalman D, Feldman S, Samson A, Krieger D. A clinical evaluation to determine the safety, pharmacokinetics and pharmacodynamics of an inositol-stabilized arginine silicate dietary supplement in healthy adult males. *FASEB J* 2014; 28(1): SLB418.

http://www.fasebj.org/content/28/1_Supplement/LB418

Kalman DS, Feldman S, Vazquez RR, Krieger DR. A Prospective Randomized Double-Blind Study Evaluating UP165 and S-Adenosyl-l-Methionine on Depression, Anxiety and Psychological Well-Being. *Foods* 2015; 4: 130-139. <http://www.mdpi.com/journal/foods>

Krieger DR, Kalman DS, Feldman S, Arnillas L, Goldberg D, Gisbert O, Nader S. The Safety, Pharmacokinetics, and Nervous System Effects of Two Natural Sources of Caffeine in Healthy Adult Males. *Clin Transl Sci* 2016; 00: 1-6; doi:10.1111/cts.12403.

<http://onlinelibrary.wiley.com/doi/10.1111/cts.12403/full>.